

## **MMGT Extended Trip Gear List**

### **Required gear:**

- 1 headlamp or flashlight
- 2 Water bottle
- 1 Pair of hiking boots or sturdy walking shoes

### **Personal Clothing/Suggested gear list:**

- 1 Sleeping bag
- 1 sleeping pad
- 1 pair loose fitting, quick drying pants
- 1 three season jacket
- 1 rain jacket & pants
- 1 long sleeve shirt, wool or synthetic
- 1 T shirt
- 1 pair of shorts
- 1 swimsuit
- 2 pair underwear
- 2 pair heavy socks
- 1 extra pair of shoes
- 1 baseball cap or other hat
- 1 bandana
- 1 towel
- 1 pair sunglasses
- 1 toothbrush & toothpaste
- 1 sunscreen

1 bug repellent  
1 camera or phone  
1 comb or brush  
1 Plates, bowls, insulated mug, utensils

**Additional Items I will bring:**

Stove  
Compass  
5 gallon water containers  
Pots & pans  
Dish soap  
Steel wool  
pot holder  
pot gripper  
Plates, bowls, utensils spatula and spoon for cooking  
Frying pan  
Dish pan  
Plastic cups  
Extra zip lock bags  
Paper towels  
Hand towels  
tent - large 2 man  
Water filter  
Guide books & maps  
First Aid Kit

Matches

Trash bags

Ground cloth

Binoculars

Saw

Toilet paper

Extra batteries

Extra phone charger

Coffee mug

Other

Extra Gas tank