



Maine Guided Trips

MAINE ISLAND DAY TRIP INFORMATION

TRIP ITINERARY & INFORMATION

Welcome to Maine Guided Trips and thank you for your interest in our Maine island day trip. Since 1996, we have been introducing people to the inland and coastal beauty of the state of Maine. We offer a large selection of recreational opportunities that can accommodate just about any skill level, and schedule.

TRIP OVERVIEW

This trip is the perfect way to experience Maine islands. Whether your goal is to see magnificent views, experience Maine's rocky coast, learn about Maine history, or natural history, or all of the above, this trip will exceed your aspirations.

DURATION: One day. Departing locations will be sent to you prior to departure. Please note that your trip return time is estimated and that certain variables beyond the control of Maine Guided Trips may prevent your group from returning on time. Trips returning late occur infrequently but should be considered a realistic possibility.

GROUP SIZE: Max of twelve participants with one guide

LOCATIONS: Vinalhaven, North Haven, Isle au Haut, Islesboro, Maine

CHECK-IN INFORMATION

This trip departs from a ferry terminal, or boat launch area. Location and parking information will be provided via email, or phone.

TRIP ITINERARY

Upon arriving at the ferry terminal, we will take the ferry terminal to the island. We will either take a vehicle, bicycle, or E bicycle on our tour. For the Vinalhaven tour we will be focused on the geology of the island, with four to eight stops at various locations. We will depart early in the morning and return on one of the two afternoon ferries bringing us back to the mainland by six o'clock at the latest. Trips to other islands will have different itineraries as the ferry schedules are different to different islands. We will confirm dates and times with you upon booking.

Maine Island Day Trip Gear List

Required gear:

- 1 headlamp or flashlight
- 2 - 1 liter Water bottles
- 1 Pair of hiking boots or sturdy walking shoes

Personal Clothing/Suggested gear list:

- 1 Day pack
- 1 pair loose fitting, quick drying pants
- 1 rain jacket (For wind or rain)
- 1 long sleeve shirt, wool or synthetic (capilene, polypro, wool)
- 1 T shirt
- 1 pair of shorts or swimsuit
- 1 pair heavy socks
- 1 baseball cap or other hat
- 1 bandana
- 1 pair sunglasses
- 1 sunscreen
- 1 bug repellent
- 1 camera or phone
- Personal medications

Additional Items I will bring:

- Compass
- Guidebooks & maps
- First Aid Kit
- Matches
- Toilet paper
- Extra batteries
- Extra phone charger

HOW TO DRESS

Layer up, layer down! Being able to adjust layers in response to activity level, air and body temperatures, you will stay comfortable throughout your trip. Choose fabrics that dry quickly, insulate if wet, and wick moisture

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away from the skin. Materials such as Capilene, wool, polypro, and fleece work well to wick moisture away and insulate. Nylon and Gore-Tex provide an excellent outer shell to repel wind and rain. If biking, padded biking shorts are suggested.

SAFETY & LIABILITY

Before participating on this trip, you will be asked to fill out, sign and submit to Maine Guided Trips, Health and Indemnity forms. By filling out these forms, you are acknowledging that there are certain inherent risks involved in this trip that are beyond the control of Maine Guided Trips.

In order for us to provide you with a safe and enjoyable experience, it is very important that you inform us of any medical condition(s) and/or treatment(s) that may affect your participation in this trip. Please fully read and sign the form(s), making notes where applicable of any conditions we should be aware of.

CANCELLATION & REFUND POLICY

First and foremost, I would you to take care of yourselves and your family first. While being outdoors is one of the safest places to be during the pandemic, we wouldn't want you, or anyone in your party to put themselves at risk. Complete refunds will be provided during this time for anyone who becomes ill prior to trip start date.

Otherwise, 50% down required to book 7 days prior to departure. 5% discount for full pre- payment 7 days prior to departure date. 100 % Refundable 7 days prior, otherwise, non-refundable. (Note: In case of dangerous weather where a trip needs to be cancelled, a full refund will be made if rescheduling efforts are not successful.) Children under 16 can subtract \$5 off the per person fee. Gratuity not included.

WEATHER CANCELLATIONS

The weather in Maine can be unpredictable and can change very rapidly and for obvious reasons, we cannot ensure perfect weather conditions for your trip. ***Maine Guided Trips will not refund for cancellations made by participants due to inclement weather.*** If Maine Guided Trips cancels due to unsafe weather conditions, you will receive a full refund or have the opportunity to transfer to the next available trip.

PRE-TRIP BIKING:

If island biking, it is recommended that all participants complete an itinerary of moderate biking prior to this trip. Biking uphill and down, for ten to fifteen miles would be a good goal. This will prepare you well for an enjoyable day of biking!

Fully licensed and insured - 100% satisfaction guaranteed.

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