



Maine Guided Trips

ACADIA DAY TRIP INFORMATION

TRIP ITINERARY & INFORMATION

Welcome to Maine Guided Trips and thank you for your interest in our Acadia day trip. Since 1996, we have been introducing people to the inland and coastal beauty of the state of Maine. We offer a large selection of recreational opportunities that can accommodate just about any skill level, and schedule.

TRIP OVERVIEW

This trip is the perfect way to experience Acadia National Park. Whether your goal is to see magnificent views, experience Maine's rocky coast, learn about Maine history, or natural history, or all of the above, this trip will exceed your aspirations.

DURATION: One day. Departing locations will be sent to you prior to departure. Please note that your trip return time is estimated and that certain variables beyond the control of Maine Guided Trips may prevent your group from returning on time. Trips returning late occur infrequently but should be considered a realistic possibility.

GROUP SIZE: Max of twelve participants with one guide

LOCATION: Acadia National Park, Maine

CHECK-IN INFORMATION

This trip departs from Route 3, and 198, North of Northeast Harbor, where the guide will meet the clients, and the hike will commence from there. While we will be parking on the opposite side of the road from Acadia National Park, it is a good idea to get a park pass which is good for seven days and allows entrance to all of the park.

TRIP ITINERARY

Upon arriving at the trail head, we will hike up Parkman Mountain, then to Sargent Mountain. From there we will walk to Penobscot Mountain and continue on to a swimming hole. From there we will head back any number of trails to our vehicles. All in all, the trip will take 4-6 hours.

Acadia Day Trip Gear List

Required gear:

- 1 headlamp or flashlight
- 2 - 1 liter Water bottles
- 1 Pair of hiking boots or sturdy walking shoes - Check for wear - Newer boots should be broken in before the hike – trim toenails.

Personal Clothing/Suggested gear list:

- 1 Day pack
- 1 pair loose fitting, quick drying pants
- 1 three season jacket (Can be a rain jacket combined with synthetic layers.)
- 1 rain jacket & pants (For wind and rain)
- 1 long sleeve shirt, wool or synthetic (capilene, polypro, wool)
- 1 T shirt
- 1 pair of shorts or swimsuit
- 1 pair heavy socks
- 1 baseball cap or other hat
- 1 bandana
- 1 pair sunglasses
- 1 sunscreen
- 1 bug repellent
- 1 camera or phone
- Personal medications
- Hiking poles (optional)

Additional Items I will bring:

- Compass
- Water filter
- Guidebooks & maps
- First Aid Kit
- Matches
- Toilet paper
- Extra batteries
- Extra phone charger

Maine Guided Trips 13 Summer St., Rockport, ME 04856 (207) 542-6744 maineguidedtrips.com
maineguidedtrips@gmail.com



HOW TO DRESS

Layer up, layer down! Being able to adjust layers in response to activity level, air and body temperatures, you will stay comfortable throughout your trip. Choose fabrics that dry quickly, insulate if wet, and wick moisture away from the skin. Materials such as Capilene, wool, polypro, and fleece work well to wick moisture away and insulate. Nylon and Gore-Tex provide an excellent outer shell to repel wind and rain.

SAFETY & LIABILITY

Before participating on this trip, you will be asked to fill out, sign and submit to Maine Guided Trips, Health and Indemnity forms. By filling out these forms, you are acknowledging that there are certain inherent risks involved in this trip that are beyond the control of Maine Guided Trips.

In order for us to provide you with a safe and enjoyable experience, it is very important that you inform us of any medical condition(s) and/or treatment(s) that may affect your participation in this trip. Please fully read and sign the form(s), making notes where applicable of any conditions we should be aware of.

CANCELLATION & REFUND POLICY

First and foremost, I would you to take care of yourselves and your family first. While being outdoors is one of the safest places to be during the pandemic, we wouldn't want you, or anyone in your party to put themselves at risk. Complete refunds will be provided during this time for anyone who becomes ill prior to trip start date.

Otherwise, 50% down required to book 7 days prior to departure. 5% discount for full pre- payment 7 days prior to departure date. 100 % Refundable 7 days prior, otherwise, non-refundable. (Note: In case of dangerous weather where a trip needs to be cancelled, a full refund will be made if rescheduling efforts are not successful.) Children under 16 can subtract \$5 off the per person fee. Gratuity not included.

WEATHER CANCELLATIONS

The weather in Maine can be unpredictable and can change very rapidly and for obvious reasons, we cannot ensure perfect weather conditions for your trip. ***Maine Guided Trips will not refund for cancellations made by participants due to inclement weather.*** If Maine Guided Trips cancels due to unsafe weather conditions, you will receive a full refund or have the opportunity to transfer to the next available trip.

PRE-TRIP HIKES:

It is recommended that all participants complete an itinerary of moderate hikes prior to this trip. Hiking uphill for about an hour, then up and down for another hour, then down for an hour. This will prepare you well for an enjoyable day of hiking!

Fully licensed and insured - 100% satisfaction guaranteed.

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